



WHAT IS HOMEOPATHY?

Homeopathy is a system of medicine that has been around for over 200 years. It is based on the Law of Similars which means a medicine that produces a set of symptoms in a healthy person, can cure the same symptoms.

Homeopathy is commonly practiced and widely accepted in England, France, Switzerland, Holland, Germany, Italy, Australia and India.

WHAT ARE THE MEDICINES?

The medicines or remedies as they are called, are made from natural substances and come from the plant, animal and mineral kingdoms. They are prepared by a process that involves dilution, trituration and succussion to the point where they are dynamic.

ARE THE REMEDIES SAFE?

Homeopathic remedies, unlike conventional medicine are safe, effective and don't cause side effects that can weaken or damage the body's organs.

Homeopathic remedies help the body to regulate itself and allow the natural healing process to begin.

WHO SHOULD SEE A HOMEOPATH?

A better question would be who shouldn't see a homeopath! Everybody can benefit from homeopathic treatment.

It helps the young child whether in school or not, and keeps them from constant and often dangerous viruses. I have successfully treated children with eczema, ADHD and autism.

The elderly who may already have been affected by illnesses can benefit greatly as they are often on many medications at once, some of which are prescribed to help eliminate the side effect of the others.

Elderly patients are thrilled to discover they have renewed energy and are relieved from the pain and swelling of arthritis.

Homeopathy is very effective for people with chronic diseases.

WHAT SHOULD I EXPECT IF I SEE A HOMEOPATHIC DOCTOR?

A Homeopathic consultation can take up to 2 hours or more. We treat the whole person, not the symptoms. We believe that symptoms are the body's way of expressing that something is wrong and we explore until we find the underlying cause.

You will be asked questions about your condition and questions you normally wouldn't be asked by your G.P. While you might be surprised by the types of questions asked, the answers you provide help the Homeopath to find the right remedy for you by exploring the totality of your symptoms.

You will return a few days later and then you will be given a remedy and follow ups will be scheduled to monitor your progress.

WHEN CAN I SEE A HOMEOPATH?

Call today and book an appointment with me. You owe it to yourself to feel and look good, to have more energy and greater happiness.



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